

September 1, 2021

Dear Parent(s)/Guardians:

Parents/caregivers are strongly encouraged to monitor their children for signs of illness every day as they are the front line for assessing illness in their children. Provided below is an explanation of the COVID-19 symptoms that you are asked to assess for your child each morning prior to attending school. Please do not send your child to school if they present a COVID-19 symptom.

Students should stay home if they have:

- Tested positive (viral test) for COVID-19
- COVID-19 symptoms and/or awaiting COVID-19 test results
- Potential exposure to COVID-19 or recent close contact with a person infected with COVID-19.

Parents should not send students to school when sick. For school settings, NJDOH recommends that students with the following symptoms be promptly isolated from others and excluded from school:

- **At least two of the following symptoms: fever (measure or subjective), chills, rigors (shivers), myalgia (muscle aches), headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion, or runny nose; OR**
- **At least one of the following symptoms: cough, shortness of breath, difficulty breathing, new olfactory disorder, or new taste disorder.**

For students with chronic illness, only new symptoms or symptoms worse than baseline should be used to fulfill symptom-based exclusion criteria.

Please feel free to contact our school nurse if you have any questions related to the self-monitoring guidance at 856-694-0223.

Thank you for your assistance in ensuring that Reutter School maintains a safe and healthy learning environment.

Sincerely,

Mrs. A. Morley

Principal, Main Road School